



Health

Today, we know that zip code can predict as much about a person's wellbeing and longevity as genetic code. The physical, social and economic conditions of a neighborhood are that tightly linked to the health of its members.

LISC takes a holistic approach to improving community health in underserved places by promoting better housing, education and job opportunities. But we also target our work to shore up the fundamental resources every neighborhood needs to keep residents well: easy access to primary health care, affordable, nutritious food and safe places to play and exercise.



By the Numbers

55 health centers

78 groceries and healthy food projects

325 recreational spaces

LISC is developing innovative ways to bring health clinics and health education, full-service grocery stores, farmers markets and well-maintained parks and sports facilities to the neighborhoods where we work. With the right information and resources, communities can prevent many of the chronic health problems that run rampant in low-income places. We're committed to helping people get what they need to become and stay healthy.

Healthy Futures Fund

What's the best way to help improve the health of people in historically disinvested places where poverty-borne diseases are chronic?

By making the requisites of healthy living affordable and convenient. Our Healthy Futures Fund finances housing and health centers in close proximity to one another. These new developments put health services and education and access to nutritious food within easy reach of where people live, increasing the likelihood that residents can pursue and sustain healthy lifestyles.

Healthy Food Initiatives

To break the insidious linkages between diet-related disease, poverty and unemployment, we are working to integrate access to healthy and affordable food into every aspect of our comprehensive community development efforts. We offer low-cost loans for the development of healthy food retail outlets, which have included projects ranging from full-service grocery stores in food deserts to farmers markets across the country.

Sports & Recreation

Physical activity forms a key part of the health equation, and LISC is committed to bringing safe places to exercise to impoverished neighborhoods. In partnership with the NFL Foundation Grassroots Program, we have refurbished or built 300+ playing fields for youth football and other athletic programming. Through the new ESPN Home Court Pilot Program, we are rebuilding neighborhood basketball courts in low-income areas. And our local offices have invested in hundreds of parks, trails and green spaces where people walk, run, bike and gather.



Community Collaboration: Rhode Island School of Design (RISD)'s Pre-Oreientation Student Experience (POSE) working together to build a production farm and community garden at Galego Community Farm in Pawtucket. Photo Credit: William Zhang.



Slam Dunk! Pawtucket Central Falls Health Equity Zone and the Pawtucket Boys & Girls Club team up to keep our youth active and healthy.

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